



## GENNY HEIKKA

### Author & Speaker

Be inspired, encouraged and equipped!

Genny has inspired audiences large and small with her authentic, engaging and relatable style. She has appeared on radio and TV and her work has been published in multiple publications, including LifetimeMoms, Mamapedia and various magazines and anthologies. She's the co-founder of LIFT: Live Inspired, Fearless, Thriving and holds a Certificate in Christian Apologetics and an MBA. The author of *Finding Mommy Bliss* and several children's books, Genny has a heart for helping women be the best they can be.

Words often spoken after time with Genny:

- A Breath of Fresh Air ● Inspirational
- Encouraging ● Powerful ● Fun

Engage Genny for your next event!

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## WHAT WOMEN ARE SAYING:

*"Genny speaks from the heart, is real, relatable, and authentic! Every woman in the room was able to connect with her story and left feeling encouraged and inspired. Genny truly has a gift!" -Allie Suydam, Coordinator, Bayside Church, CA*

*"Genny's insightful tips were so practical and real! Many of our women thought this was our best meeting of the year and that they need to hear this talk every month. It was definitely a highlight for our MOPS group this year." -Lisa Sietsema, MOPS Coordinator, Covenant Community Church, ID*

*"I heard Genny speak at a Christian business women's event where she encouraged women to listen for God's calling in their lives and to say yes. I have now been exploring my own life to discover if there is a fear that is holding me back from God's calling." -Shauna O' Donnell, Courage Worldwide, CA*

## SAMPLE PRESENTATION TOPICS:

### Fear Not

Are there things you dream of doing, but find yourself holding back because of fear? God didn't intend for you to live a half-hearted life filled with fear and hesitation. Gain a new perspective on fear, be inspired to live courageously, and learn how fear can actually help point you to your calling!



### Finding Mommy Bliss

Being a happy mom isn't about having it all together or having perfect kids. There is stress and chaos, self-doubt and frustration. But there is also laughter and love... and, yes, even bliss. Be encouraged, inspired, and learn five key things you can do to find more joy in being a mom—even when it's hiding under mountains of laundry!

### A real mom in a real world-Leaving a legacy of faith

Creating an environment of contagious faith in your family is an intentional choice that has a whole lot more to do with how you live than what you say. That may sound like a lot of pressure, but it's actually an exciting privilege. Gain insights about how living authentically and intentionally can impact your family, and be inspired to leave a legacy of faith.

### Living it out

"What's my purpose?" It's a question we often ask. We are all called to love God and love others; our purpose couldn't get any clearer than that. But how do we live that out in the context of our individual uniqueness and experiences? This talk will help you move past common pitfalls that hold you back, inspire you to recognize your strengths, and remind you that you have a gift to give to others!

Genny also speaks on a variety of other topics and customizes talks for your specific audience.